

ST. FRANCIS MEDICAL CENTER
SCHOOL OF NURSING
Fall 2018

Course Number: NSG 137

Course Title: Physical Assessment

Course Placement: First Year, Fall Semester

Credit Hours: 3

Pre-requisites: Admission to Program

Co-requisites: NSG 131

Course Hours:

Theory	17
Lab	28
Total	45

Course Description:

This course is designed to provide the student with the knowledge and skills necessary to perform a comprehensive adult health assessment. Through online assignments, discussion, laboratory and individual practice all body systems will be assessed. Emphasis is on interviewing, obtaining a complete health history, performing a physical assessment and systematic documentation of findings.

Integrated Subjects: Professionalism
Culture
Legal Issues

STUDENT LEARNING OUTCOMES

A graduate of St. Francis Medical Center School of Nursing will:

1. Integrate concepts from the sciences and evidence-based nursing practice into the care of diverse patients, families and communities.
2. Effectively communicate and collaborate as a member of the health care team, incorporating technological resources to deliver quality patient centered care.
3. Practice within the legal and ethical parameters of the profession.
4. Function competently and safely incorporating professional standards into the delivery of patient centered care.

5. Employ leadership and management skills in the delivery of patient centered care.
6. Exhibit responsible behavior that is self-directive and encompasses person and professional growth.

COURSE STUDENT LEARNING OUTCOMES

Upon completion of NSG 137 the student will:

1. Identify basic principles from the sciences and evidence-based nursing practice when completing the assessment process.
2. Apply concepts of therapeutic communication to the assessment process.
3. Discuss legal and ethical principles related to the data collected.
4. Apply the nursing process to basic assessment data based on case scenarios/case studies.
5. Identify the role of the nurse in managing patient care.
6. Use critical thinking skills to analyze and cluster data.

COURSE UNITS & CONTENT:

Unit 1 Introduction to Assessment

Unit 2 Health History

Unit 3 Assessment Techniques, Equipment and Measurement

Unit 4 Physical Assessment

Unit 5 Integration of Physical Assessment

Delivery Format: Online content
Discussion
Audiovisual
Clinical Laboratory
Demonstration
Peer Review
ATI assignments

Schedule of Course Content: Theory Hours: 17
Laboratory Hours: 28 hours
Class days/hours: Wednesday-9-12

Evaluation Grading: 3 Unit Examinations – 58%
Final Examination – 25%
Physical Examination – 10%
Quizzes-online - **Pre-Quizzes** are due on Tuesday by 8pm prior to lab.

Post-Quizzes-first completion **after** the related lab prior to 11:59 p.m. on the Friday of that lab week – 5 %

Required ATI assignments– 2 %
Participation in lab activities – 5

ATI assignments must be completed **prior** to the designated lab; which serves as an admission ticket to lab.

The quizzes will be worth a total of 5% of the course grade. **Pre-lab quizzes** (review questions - NCLEX on Evolve - under student resources/specific chapters) are to be completed on Tuesday by 8pm with a grade of 80%. Pre-lab quizzes also serve as an admission ticket to the lab.

Post-lab quizzes are to be taken following completion of the related lab. Each quiz will become available at noon on the day of the lab. The quizzes will be closed at 11:59 p.m. on the Friday of the week in which the lab was completed. Only the first attempt at the quiz will be considered for the grade. Additional opportunities to take the quiz will be available, but no grade will be related. **If you do not find the quiz open on the appropriate day**, notify Professor Moore-Jervis immediately in person, by phone call, text message, or email.

COURSE REQUIREMENTS

1. Complete online activities that are listed as required.
2. Read textbook assignments in preparation for each lab. The student is expected to use the online materials as adjuncts to assigned textbook readings.
3. Complete all required lab assignments **prior** to the lab.
4. Complete all required ATI assignments **prior** to the lab.
5. Participate in all scheduled labs.
6. Attendance will be taken at all laboratory experiences.
7. **Any student who is unprepared for a lab experience must report to the course coordinator or school administration.**
8. **Make-up for lab experiences** will be completed by demonstrating the skill (using a classmate as your patient) on **video**. Cameras may be obtained from Marianne Metzger in the school office or the student may use their own camera. The student will post the assignment on You-Tube within one (1) week of the scheduled experience. The student must provide their instructor an e-mail with the You-Tube video link.
9. Complete history related to lab content on your lab partner prior to the each skills lab.
10. Demonstrate assigned skills on your lab partner in each skills lab.

11. Document physical examination findings related to each lab.
12. Complete assigned sections of the basic physical assessment according to guidelines (with a passing grade).
13. Complete quizzes on Blackboard by designated due date and time.
14. Complete in class proctored unit exams and final.
15. Exam dates are listed on the course calendar. All students are expected to be present. Exams will cover material from the scheduled laboratories, textbook, references, and online resources. Exams will start promptly at the time scheduled.
 - A. Any student late within 15 minutes will be allowed to sit for the exam in designated seats at the front of the room. No personal belongings will be allowed in the classroom. No additional time will be allotted to complete the exam.
 - B. Any student late a second time for an exam will be referred to the Academic Affairs and Advisement Committee. The Committee may issue a fine or another penalty as they see necessary.
 - C. Any student who is late by more than 15 minutes will not be allowed to sit for the scheduled exam and will be required to take a make-up exam.
 - D. All make up exams must be taken by the end of the next class day or as scheduled by the course coordinator.
 - E. The exam will be scheduled with the course coordinator and may be of an alternate form.
 - F. A \$50.00 fee will be charged for all make up exams.
 - G. A student who misses more than one scheduled exam date per course will be referred to The Academic Affairs and Advisement Committee. (See Examination Policy: C E8.2P in the Student Handbook)
16. Each student is expected to complete a course evaluation and an instructor evaluation for each faculty member. **Evaluations are to be completed and submitted online at the MCCC website (Blackboard) for this course by the assigned date.** Confidentiality will be maintained.

Textbook Requirements:

NSG 137 (Fall 2018)

AUTHOR	TITLE	Edition	ISBN
Jarvis, C.	Health Assessment Online for Physical Examination and Health Assessment Version 4	7th	9780323322256
Jarvis, C.	Physical Examination and Health Assessment	7th	9781455728107
Jarvis, C.	Pocket Companion for Physical Examination and Health Assessment	7th	9780323265379

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